

## COSC Events calendar 2016-2017 season. – Updated 06/09/17

Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers Level 3 & Level 4	Selection / Entries Information
<b>Sept 2016</b>					
3/4	50m		11/12 yr olds Regional talent camp Wycombe		Selection by SER based on current criteria
10	25m			Milton Keynes Junior League Round 3, Leys Pool and Leisure Centre Oxford.	Team Selection made by Academy Coach.
17/18	50m		11/12 yr olds Regional talent camp Cobham		Selection by SER based on current criteria
19	25m			11/12 yr olds County development day Stoke Mandeville	Selection by ONB based on criteria
23	25m	Club Champs 50m sprints, Leys Pool and Leisure Centre, Oxford. Access 6pm	Club Champs 50m sprints, Leys Pool and Leisure Centre, Oxford. Access 6pm	Club Champs 50m sprints, Leys Pool and Leisure Centre.	All COSC members to enter. Please speak to Squad Coach for event advice. Coaching staff will be looking at 50 times for consideration for places on Arena League

25	25m	Club Champs 50m Sprints, Leys Pool and Leisure Centre, Oxford.  Set up from 3pm	Club Champs 50m Sprints, Leys Pool and Leisure Centre, Oxford.  Set up from 3pm	Club Champs 50m Sprints, Leys Pool and Leisure Centre, Oxford.	All COSC members to enter please speak to Squad Coach for event advice. Coaching staff will be looking at 50 times for consideration for places on Arena League
Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers Level 3 & Level 4	Selection / Entries Information
Oct 2016					
1-2	25m	Cosc Club Championships 100m & 200m events, Leys Pool and Leisure Centre Oxford.	Cosc Club Championships 100m & 200m events, Leys Pool and Leisure Centre Oxford.	Cosc Club Championships 100m & 200m events Leys Pool and Leisure Centre Oxford.	All COSC members to enter. Please speak to Squad Coach for event advice.
MALTA TRAINING CAMP	25m	Arena League Round 1 venue TBC	Arena League Round 1 venue TBC		Team selection by Head Coach ages 10/11,12-13 14-15 and open, ages as of 31 <sup>st</sup> Dec 2016.
	25m			13/14 yr olds County development day Stoke Mandeville	Selection by ONB based on criteria

23	50m	Inter-Counties, Sheffield.	Inter-Counties, Sheffield.	Inter-Counties, Sheffield.	Those chosen by County Coach to represent Oxon and North Bucks.
23-30	50m	MALTA TRAINING CAMP	MALTA TRAINING CAMP		Invited Swimmers
24-27	25m			Dive and stroke finish camp, 8am-9am Ox High	Ac2, 3, 4 and Rising Stars Gold
22	25m	COSC Distance club champs Access times 11am	COSC Distance club champs Access times 11am	COSC Distance club champs Access times 11am	All COSC members to enter. Please speak to Squad Coach for event advice.

23	25m			<b>Dev Meet 1 Access times 4pm</b>	Development meet should not be used for swimmers who have County Accepted or Consideration times. Where swimmers have accepted or consideration times they are advised to enter the COSC Level 3 meet or other level 3 competitions on these events.
28-30		<b>ASA Masters</b>			<b>National meet for Masters and Swimmers aged 18+</b>
<b>Dates</b>	<b>Pool Length</b>	<b>COMPETITIONS/ Events Masters and swimmers 18+</b>	<b>COMPETITIONS/Events Regional &amp; National Level Swimmers Level 1 &amp; Level 2</b>	<b>COMPETITIONS/ Events County &amp; Development Swimmers Level 3 &amp; Level 4</b>	<b>Selection / Entries Information</b>
<b>Nov 2016</b>					
4-6	25m	<b>City of Cardiff Welsh Capital Open Meet -Cardiff</b>	<b>City of Cardiff Welsh Capital Open Meet - Cardiff</b>	<b>City of Cardiff Welsh Capital Open Meet - Cardiff</b>	<b>All who qualify from CDAB,CDAG,CDY,RPY,RPA &amp; NP (those not doing SER Short Course). Ac1 &amp; AC2 ONLY if advised by Coach</b>
5/6	25m	<b>Winter regionals</b>	<b>Winter regionals</b>		<b>For NPA,NPK,RPY Swimmers who have automatic qualification times and have been advised to enter – Speak to head coach about events</b>

13	25m			Development meet 2 Leys Pool and Leisure Centre	All academy squads, rising stars, CD, CDF. Development meet should not be used for swimmers who have County Accepted or Consideration times..
25-27	25m			Cosc L3 gala. Leys Pool and Leisure Centre.  7 am set up both days	Last chance for county qualification. All Academy, CD, CDY, CDF, CDAB,CDAF,RPA. RPY AND NP squads only on advice of coach. All squads on advice from coach. Only to enter events where no county time has been achieved. Nobody with county times to enter that event.

Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers	Level 3 & Level 4
Dec 2016					
11				COSC Dev meet 3  access from 4	All academy squads, rising stars, CD, CDF. Development meet should not be used for swimmers in these squads who have County Accepted or Consideration times..
10/11	25m	Arena League Round 3 venue TBC "PREMIER DIVISON FINAL"	Arena League Round 3 venue TBC "PREMIER DIVISON FINAL"		Team selection by Head Coach ages 10/11,12-13 14-15 and open, ages as of 31 <sup>st</sup> Dec 2016.

15-18	25m	ASA Winter National SC Championships, Ponds Forge,Sheffiled.	ASA Winter National SC Championships, Ponds Forge,Sheffiled.		Those with qualifying times from NP & RPY. We also hope to have Relay Teams qualifying for this event.
17-18	25m	Hatfield	Hatfield		For swimmers in NP,RPY,CDY, RPA,CDAB,CDAG. Speak to coaches before entering.
Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers	Level 3 & Level 4
Jan 2017					
8	25m	Oxon and North Bucks County Championships, Distance events 800/1500m & Boys/Girls age group Relays, Leys	Oxon and North Bucks County Championships, Distance events 800/1500m & Boys/Girls age group Relays, Leys	Oxon and North Bucks County Championships, Distance events 800/1500m & Boys/Girls age group Relays, Leys	All Swimmers who qualify 10yrs & upwards " Age as of 31 <sup>st</sup> Dec 2017"
15	25m	Oxon and North Bucks County Championships,400m Free / 400 IM & Boys/Girls age group Relays, Aqua Vale	Oxon and North Bucks County Championships,400m Free / 400 IM & Boys/Girls age group Relays, Aqua Vale	Oxon and North Bucks County Championships,400m Free / 400 IM & Boys/Girls age group Relays, Aqua Vale	All Swimmers who qualify 10yrs & upwards " Age as of 31 <sup>st</sup> Dec 2017"
21				WITNEY & DISTRICT SWIMMING CLUB Junior Development Gala	Swimmers aged 8,9,10,11. Team to be selected by Academy coach from Academy, rising stars, CDAB,CDAG

28		COSC Awards Evening Venue and time TBC	COSC Awards Evening Venue and time TBC	COSC Awards Evening Venue and time TBC	Everyone welcome
<b>Dates</b>	<b>Pool Length</b>	<b>COMPETITIONS/ Events Masters and swimmers 18+</b>	<b>COMPETITIONS/Events Regional &amp; National Level Swimmers Level 1 &amp; Level 2</b>	<b>COMPETITIONS/ Events County &amp; Development Swimmers Level 3 &amp; Level 4</b>	<b>Selection / Entries Information</b>
Feb 2017					
4-5	25m	Oxon and North Bucks County Championships, 50,100,& 200m events & Junior / Senior relays Aqua Vale	Oxon and North Bucks County Championships, 50,100,& 200m events & Junior / Senior relays Aqua Vale	Oxon and North Bucks County Championships, 50,100,& 200m events & Junior / Senior relays. Aqua Vale	All Swimmers who qualify 10yrs & upwards “ Age as of 31 <sup>st</sup> Dec 2017
11-12	25m	Oxon and North Bucks County Championships 50,100 & 200 m events & Junior / Senior relays. Aqua Vale	Oxon and North Bucks County Championships 50,100 & 200 m events & Junior / Senior relays. Aqua Vale	Oxon and North Bucks County Championships 50,100 & 200 m events & Junior / Senior relays. Aqua Vale	All Swimmers who qualify 10yrs & upwards “ Age as of 31 <sup>st</sup> Dec 2017
13-16	25m			Dive and stroke finish camp,8am-9am Ox High	Ac2, 3, 4 and Rising Stars Gold

18/19	50m			Cardiff Invitational Cardiff International pool, Cardiff <a href="http://cardiffswimming.co.uk/wp-content/uploads/ccim17_meet-pack.pdf">http://cardiffswimming.co.uk/wp-content/uploads/ccim17_meet-pack.pdf</a>	All Academy squads, RPA,CDAB, CDAG,CD, Those who have competed at the Counties can enter the events that they have not been accepted for Counties as long as they are within the meet qualification times. Ages 8,9,10,11,12,13
25	25m			Chiltern League R1	Those selected by Zichen 11-open
<b>Dates</b>	<b>Pool Length</b>	<b>COMPETITIONS/ Events Masters and swimmers 18+</b>	<b>COMPETITIONS/Events Regional &amp; National Level Swimmers Level 1 &amp; Level 2</b>	<b>COMPETITIONS/ Events County &amp; Development Swimmers Level 3 &amp; Level 4</b>	
<b>Mar 2017</b>					
4	25m			Cosc Development Meet 4, Leys Pool and Leisure Centre, Oxford.	Swimmers should not enter the Dev meets on any events that they are too fast for. Discuss with coaches events to enter
5	25m			Cosc Development Meet 5, Leys Pool and Leisure Centre, Oxford.	Swimmers should not enter the Dev meets on any events that they are too fast for. Discuss with coaches events to enter

10-12	50m		Edinburgh International meet		Invited swimmers from Np, in preparation for British Championships <b>TEAM MANAGED EVENT</b>
18/19	50m		Tiger Bay Cardiff Cardiff International pool, Cardiff <a href="http://cardiffswimming.co.uk/the-fixtures/tbom17/">http://cardiffswimming.co.uk/the-fixtures/tbom17/</a>	Tiger Bay Cardiff Cardiff International pool, Cardiff <a href="http://cardiffswimming.co.uk/the-fixtures/tbom17/">http://cardiffswimming.co.uk/the-fixtures/tbom17/</a>	Academies, RPA,RPY, CDAG,CDAB, CDY
18	25m			Chiltern League R2	T Those selected by Zichen 11-open
24-26	50m	Sheffield Premier Long Course Meet 2016 (Level 1) <a href="http://www.cosss.co.uk/images/documents/Gala%20Information/Premier%20Meet%202017%20Meet%20Pack.pdf">http://www.cosss.co.uk/images/documents/Gala Information/Premier Meet 2017 Meet Pack.pdf</a>	Sheffield Premier Long Course Meet 2016 (Level 1) <a href="http://www.cosss.co.uk/images/documents/Gala%20Information/Premier%20Meet%202017%20Meet%20Pack.pdf">http://www.cosss.co.uk/images/documents/Gala Information/Premier Meet 2017 Meet Pack.pdf</a>		On coaches advice only. NP,RPA,RPY, CDAG,CDAB

Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers Level 3 & Level 4	Selection / Entries Information
Apr- 2017					
8/9	50m	National Arena League Final A & B Team Venue Cardiff.(if we qualify )	National Arena League Final A & B Team Venue Cardiff.(if we qualify )	National Arena League Final A & B Team ,Venue Cardiff.(if we qualify)	Team Selection by Head Coach, ages 10/11,12-13 14-15 and open, ages as of 31 <sup>st</sup> Dec 2016.
22	25m			Chiltern League R3	Those selected by Zichen 11-open

22	50m		Wycombe Long course sprint meet Wycombe	Wycombe Long course sprint meet Wycombe	CDAG, CDAB, CDY and RPY swimmers who have not qualified for the SER Youth Championships
23	25m			Cosc Dev meet 6	Swimmers should not enter the Dev meets on any events their number one events. Discuss with coaches events to enter
18-23	50m	British Swimming Championships. Trials for- WC, WJC(A), EJR(B), EYOF& ENG CWYG(C) – Sheffield <a href="https://www.britishswimming.org/events-and-tickets/british-swimming-championships-2017/">https://www.britishswimming.org/events-and-tickets/british-swimming-championships-2017/</a>	British Swimming Championships. Trials for- WC, WJC(A), EJR(B), EYOF& ENG CWYG(C) – Sheffield <a href="https://www.britishswimming.org/events-and-tickets/british-swimming-championships-2017/">https://www.britishswimming.org/events-and-tickets/british-swimming-championships-2017/</a>		Those who achieve qualifying times.
29-01	50m	SER Regionals Youth / Relay Wycombe <a href="https://www.swimmeets.org/calendar/showevent.php?id=760">https://www.swimmeets.org/calendar/showevent.php?id=760</a>	SER Regionals Youth / Relay Wycombe <a href="https://www.swimmeets.org/calendar/showevent.php?id=760">https://www.swimmeets.org/calendar/showevent.php?id=760</a>		End of cycle meets for NP,RPY unless at British champs. Nat relay qualifier Girls 14-16, 17+. Boys 14-16, 17+
Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers Level 3 & Level 4	Selection / Entries Information

May 2017					
7	25m			Cosc Development Meet 7, Leys Pool and Leisure Centre , Oxford.	Swimmers should not enter the Dev meets on any events their number one events. Discuss with coaches events to enter
13-14	50m		SER Regionals Age at K2, Crawley <a href="https://www.swimmeets.org/calendar/showevent.php?id=761">https://www.swimmeets.org/calendar/showevent.php?id=761</a>		Those age group swimmers who qualify
27-28	50m		SER Regionals Age at K2, Crawley <a href="https://www.swimmeets.org/calendar/showevent.php?id=761">https://www.swimmeets.org/calendar/showevent.php?id=761</a>		Those age group swimmers who qualify
26-28	50m		Cardiff International meet Cardiff <a href="http://cardiffswimming.co.uk/the-fixtures/cardiff-international-open-meet/">http://cardiffswimming.co.uk/the-fixtures/cardiff-international-open-meet/</a>	Cardiff International meet Cardiff <a href="http://cardiffswimming.co.uk/the-fixtures/cardiff-international-open-meet/">http://cardiffswimming.co.uk/the-fixtures/cardiff-international-open-meet/</a>	Only on coaches advice.Those Swimmers who didn't qualify for regionals.
Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers Level 3 & Level 4	Selection / Entries Information
June 2017					
3	25m			Milton Keynes Junior League Round 1.Venue TBC.	Team selection made by Academy Coach from 9,10,11 & 12yrs ,age as of 31 <sup>st</sup> Dec 2017.

24-25	25m		Maxwell Open meet Aylesbury	Maxwell Open meet Aylesbury	ALL ACADEMIES, CDAG,CDAB,CD,CDY AND RPY Please speak with your coach about which events to enter
24-25	25m		Hatfield Open meet Hertfordshire Sports Village <i>Mosquito Way Hatfield, AL109EU</i>	Hatfield Open meet Hertfordshire Sports Village <i>Mosquito Way Hatfield, AL109EU</i>	NPA,NPK,NPD,RPA Please speak with coaching staff about which events to enter
28-02 July		European Juniors championships Netayna Israel			Those selected by British swimming to compete
Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers Level 3 & Level 4	Selection / Entries Information
July 2017					
1	25m			Milton Keynes Junior League Round 2.Venue TBC.	Team selection made by Academy Coach from 9,10,11 & 12yrs ,age as of 31 <sup>st</sup> Dec 2017.
14-16	25m		Cosc L3 meet,Leys Pool and Leisure Centre, Oxford.	Cosc L3 meet,Leys Pool and Leisure Centre, Oxford.	This is the end of season meet for all Swimmers in the club not attending Summer Nationals. Times can be used for county qualification. Times.
25-30 TBC	50m	British Summer Championships <b>Ponds Forge</b>	British Summer Championships <b>Ponds Forge</b>		Those Ranked top 24 in their age group in GB 13/14, 15,16,17/18 and 19/over, plus Top 20 ranked Relay Teams 14- 16yrs & 17yrs/over. <b>(Qualification window for Summer Nationals March 10 – May 29<sup>th</sup> 2017)</b>

19 - 23		Youth Commonwealth Games Nassau, Bahamas	Youth Commonwealth Games Nassau, Bahamas		Those Swimmers 15-18 selected by Home Nations to swim.
Dates	Pool Length	COMPETITIONS/ Events Masters and swimmers 18+	COMPETITIONS/Events Regional & National Level Swimmers Level 1 & Level 2	COMPETITIONS/ Events County & Development Swimmers Level 3 & Level 4	Selection / Entries Information
Aug 2017					
2-6	50m		English Summer Nationals, Venue Ponds Forge		Top 25-48 ranked swimmers in 12/13,14,15,16/17, and 18yrs /over (Qualification window for Summer Nationals March 10 – May 29 <sup>th</sup> 2017)
1-8	50m		Welsh Summer Nationals, Welsh National Pool, Swansea		Top 25-48 ranked swimmers in 12/13,14,15,16/17, and 18yrs /over (Qualification window for Summer Nationals March 10 – May 29 <sup>th</sup> 2017)
23-28	50m	World Junior Championship Budapest or Indianapolis	World Junior Championships Budapest or Indianapolis		Those selected by GB

Note from Coaching Staff re: Dev meet entry. –

Sept- December Dev meet 1-3

Development meet should not be used for swimmers who have County Accepted or Consideration times. Where swimmers have accepted or consideration times they are advised to enter the COSC Level 3 meet or other level 3 competitions on these events.

Jan- June Dev Meets 4-7

Swimmers should only enter dev meets that they are not too fast for. If a swimmer is too fast for an event it is suggested they enter a level 3 meet on coaches advice.

**Notes for Diary: Save the dates**

AGM – 11<sup>th</sup> Sept 2016

ASA Summer National Qualification Period – 10<sup>th</sup> March-29<sup>th</sup> May

MKJL provisional dates - 3/6/17, 1/7/17 and 9/9/17 venues TBC

Arena League dates – 8/9 October, 12/13 November, 10/11 December 2016. Final 22/23 April 2017