

**National Arena Swimming League**  
**National B Final– Cardiff International Pool, Cardiff**  
**25<sup>th</sup> April 2015**

	Event	Competitor/s		South Time	Event Time	Individual Times/ Splits		Place
1	<b>L Open 200 IM</b>	Elizabeth Oliver		2.25.50	2.25.24	30.63/37.33/43.87/33.41		6
2	<b>M Open 200 IM</b>	Fabian Whitbread		2.07.89	2.08.68	28.28/33.47/36.04/30.89		4
3	<b>G 11/U 4 x 50 Free Team</b>	Delphine Little	Megan Smit	2.07.22	2.01.65	29.57	30.22	2
		Evie McLean	Safiya Sillah			31.95	29.91	
4	<b>B 11/U 4 x 50 Free Team</b>	Freddie Cooke	Logan Bryan	2.18.07	2.14.00	32.11	32.48	10
		Jamie Conway	Nate Coble			33.65	35.76	
5	<b>G 13/U 4 x 50 Med Team</b>	Emilia Chen	Natasha Fenton	2.13.58	2.10.20	34.46	34.69	2
		Dorothy Goodgame	Chiara De Vita			32.21	28.84	
6	<b>B 13/U 4 x 50 Med Team</b>	Daniel Jenkins	Theo Cooke	2.13.50	2.08.14	31.75	37.21	9
		Henry Barlow	Jack Bradley			31.32	27.86	
7	<b>G 15/U 4 x 50 Free Team</b>	Ellie Millington	Emily Nisbet	1.51.87	1.50.33	28.24	26.85	1
		Olivia Webster	Amy Coombs			27.91	27.33	
8	<b>B 15/U 4 x 50 Free Team</b>	Ewan Springett	Zac Bischoff	1.44.89	1.43.15	26.02	25.76	3
		Lewis Pearce	Chris Wood			25.96	25.41	
9	<b>L Open 4 x 50 Med Team</b>	Shannon Motha	Emily Wood	2.01.00	2.00.36	30.46	34.27	3
		Ellie Millington	Eleanor McNally			28.72	26.91	
10	<b>M Open 4 x 50 Med Team</b>	Fabian Whitbread	David Murphy	1.51.06	1.50.69	29.62	28.97	5
		Chris Aust	Ewan Springett			26.45	25.65	
11	<b>G 11/U 50 Back</b>	Delphine Little		35.51	34.13			2
12	<b>B 11/U 50 Back</b>	Freddie Cooke		37.49	37.06			9
13	<b>G 13/U 100 Breast</b>	Natasha Fenton		1.18.41	1.15.27	35.85/39.42		1
14	<b>B 13/U 100 Breast</b>	Theo Cooke		1.25.28	1.22.84	37.06/45.78		9
15	<b>G 15/U 100 Back</b>	Annie Sharp		1.08.30	1.07.45	32.81/34.64		2
16	<b>B 15/U 100 Back</b>	Lewis Gilchrist		1.07.75	1.06.50	32.48/34.02		10
17	<b>L Open 100 Fly</b>	Lucy Smith		1.06.52	1.04.47	30.44/34.03		4
18	<b>M Open 100 Fly</b>	David Murphy		59.60	59.17	27.51/31.66		9
19	<b>G 11/U 50 Fly</b>	Megan Smit		36.09	34.39			7
20	<b>B 11/U 50 Fly</b>	Jamie Conway		36.98	36.50			10
21	<b>G 13/U 100 Back</b>	Emilia Chen		1.14.92	1.15.71	36.75/38.96		8
22	<b>B 13/U 100 Back</b>	Daniel Jenkins		1.11.64	1.07.11	33.28/33.83		3
23	<b>G 15/U 100 Fly</b>	Emily Nisbet		1.05.50	1.04.46	30.87/33.59		2
24	<b>B 15/U 100 Fly</b>	Ewan Springett		1.02.88	1.02.63	29.30/33.33		6
25	<b>L Open 100 Back</b>	Shannon Motha		1.07.80	1.07.25	32.25/35.00		6
26	<b>M Open 100 Back</b>	Fabian Whitbread		1.00.43	1.01.00	30.38/30.62		5
27	<b>G 11/U 50 Breast</b>	Safiya Sillah		42.69	40.83			4
28	<b>B 11/U 50 Breast</b>	Jamie Conway		47.21	45.55			8
29	<b>G 13/U 100 Fly</b>	Chiara De Vita		1.18.21	1.12.74	33.59/39.15		6
30	<b>B 13/U 100 Fly</b>	Max Underwood		1.14.68	1.10.72	33.12/37.60		9
31	<b>G 15/U 100 Free</b>	Emily Nisbet		1.00.47	59.93	29.71/30.22		3
32	<b>B 15/U 100 Free</b>	Ewan Springett		56.68	55.69	27.52/28.17		5

**National Arena Swimming League**  
**National B Final– Cardiff International Pool, Cardiff**  
**25<sup>th</sup> April 2015**

	Event	Competitor/s		South Time	Event Time	Individual Times/Splits		Place
33	<b>L Open 100 Breast</b>	Emily Wood		1.13.96	1.13.58	35.11/38.47		3
34	<b>M Open 100 Breast</b>	David Murphy		1.07.54	1.04.83	30.38/34.45		4
35	<b>G 11/U 50 Free</b>	Delphine Little		30.30	29.58			2
36	<b>B 11/U 50 Free</b>	Freddie Cooke		32.67	32.55			7
37	<b>G 13/U 100 Free</b>	Chiara De Vita		1.04.32	1.03.42	30.82/32.60		5
38	<b>B 13/U 100 Free</b>	Daniel Jenkins		1.00.83	58.45	28.61/29.84		3
39	<b>G 15/U 100 Breast</b>	Emily Wood		1.13.53	1.13.07	34.65/38.42		1
40	<b>B 15/U 100 Breast</b>	Callum Smart		1.11.69	1.08.08	32.31/35.77		1
41	<b>L Open 100 Free</b>	Eleanor McNally		1.00.84	1.01.44	29.19/32.25		8
42	<b>M Open 100 Free</b>	Chris Aust		55.17	55.90	26.20/29.70		10
43	<b>G 11/U 4 x 50 Med Team</b>	Delphine Little	Safiya Sillah	2.28.17	2.21.03	34.52	40.90	4
		Megan Smit	Evie McLean			33.51	32.10	
44	<b>B 11/U 4 x 50 Med Team</b>	Freddie Cooke	Logan Bryan	2.38.15	2.34.60	37.49	43.11	10
		Jamie Conway	Nate Coble			38.01	35.99	
45	<b>G 13/U 4 x 50 Free Team</b>	Emilia Chen	Chiara De Vita	2.01.01	1.59.53	29.90	29.74	3
		Erin Gilchrist	Delphine Little			30.19	29.70	
46	<b>B 13/U 4 x 50 Free Team</b>	Daniel Jenkins	Henry Barlow	1.57.94	1.54.13	27.75	28.47	7
		Theo Cooke	Jack Bradley			29.66	28.25	
47	<b>G 15/U 4 x 50 Med Team</b>	Annie Sharp	Emily Wood	2.03.96	2.01.88	32.42	34.12	1
		Ellie Millington	Amy Coombs			28.28	27.06	
48	<b>B 15/U 4 x 50 Med Team</b>	Ewan Springett	Callum Smart	1.57.84	1.55.83	30.36	31.00	2
		Lewis Pearce	Chris Wood			28.97	25.50	
49	<b>L Open 6 x 50 Free Team</b>	Eleanor McNally	Lucy Smith	2.45.97	2.45.69	27.97	27.27	4
		Shannon Motha	Kate Mills			27.30	28.14	
		Amy Coombs	Elizabeth Oliver			27.83	27.18	
50	<b>M Open 6 x 50 Free Team</b>	Chris Aust	David Murphy	2.32.27	2.31.84	25.21	24.29	6
		Fabian Whitbread	Zac Bischoff			24.81	26.24	
		Chris Wood	Ewan Springett			25.85	25.44	

Open & Junior County Records, Open County Record, Junior County Record

**Results**

Place	Team	Points	Firsts	Seconds	Thirds
1st	City of Sheffield	367	15	11	6
2nd	City of Cardiff	341	8	8	12
3rd	Swansea Aquatics	300	2	6	8
<b>4th</b>	<b>City of Oxford</b>	<b>296</b>	<b>5</b>	<b>7</b>	<b>7</b>
5th	City of Liverpool	293	7	3	2
6th	Northampton	252	5	3	1
7th	Thanet	247	2	5	3
8th	Ealing	234	2	3	4
9th	Preston	216	2	1	5
10th	Boldmere	205	2	3	3