



Coach Development Symposium

Millfield School Swimming Pool

09:30–16:30 15 November 2015

- Are you a swimming teacher, coach or someone involved in tutoring teachers or coaches?
- Do you currently work with, or aspire to work with, county, regional or national level Age Group swimmers between the ages of 10 and 14 years?
- Do you want to hone your skills, learn about new techniques and improve your athletes' performances?

We're looking for coaches with the potential to deliver the next generation of world-class athletes

Technical Workshop: Coaching Effective Starts, Turns and Finishes with Age Group Swimmers

Through the use of both practical water-based and land-based activities, you will cover the key technical components of starts, turns and finishes to help you improve the technique of your athletes.

Key Speakers: Top Tips and Expert Advice from Leading Professionals

The speakers will highlight commonly observed faults and discuss simple corrective strategies, giving you the chance to enhance your skills and increase your athletes' potential.



John Watson
British Swimming
Strength and
Conditioning Coach



Amanda Booth
City of Oxford SC
Head Coach and
Physiotherapist



Lindsay Dunn
England Programmes
Officer and AASE
Technical Lead



Euan Dale
Head Assistant Coach
of Millfield School



Josh Williamson
Guildford City SC
National Youth
and Senior Squad
Assistant Coach

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