



# City of Oxford Swimming Club

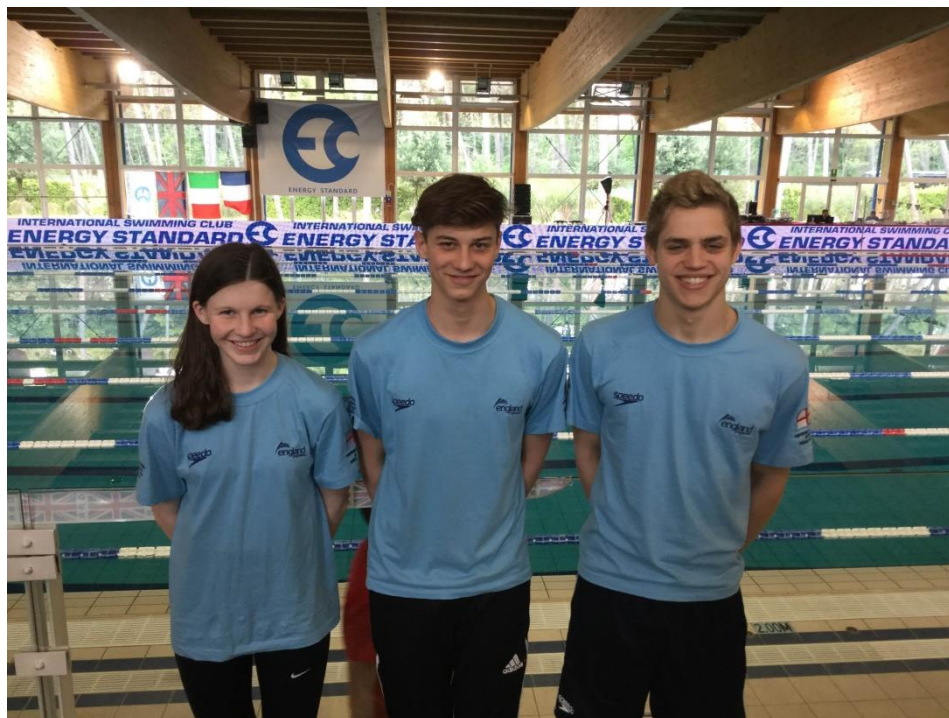
Headquarters: Blackbird Leys LC, Oxford  
President: The Lord Mayor of Oxford

Affiliated to A.S.A. South East Region, Ox & N Bucks A.S.A and  
Modern Pentathlon Association G.B.



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## City Of Oxford Swimmers Earn Medals and Experience at Home and Abroad.



**Tasha Fenton, Callum Smart, David Murphy,  
Energy International Cup, Lignano, Italy**

### **In Italy:**

Three Oxford swimmers travelled to Lignano, Italy to compete in the Energy Standard International, 28<sup>th</sup> April – May 2<sup>nd</sup> 2016.

Tasha Fenton (13yrs), Callum Smart (15yrs ) and David Murphy (17yrs) competed as members of a 52 strong England team as part of their England Programme. They raced against the best in their age groups from Russia, Italy and France.

Bringing back 6 medals and a massive amount of International experience:

-in the Youth section, Callum won Gold in 200breaststroke, new personal best time (2:19:94); in 100breast, he won Bronze posting a Personal Best time (1:05:06) & won Bronze in his 4x100 Medley team.





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-in the Junior section, David won Silver 100 breast (1:02:70) a new personal best, Bronze in the 50breast (29:05), **Bronze 200breast (2:16:60), a new personal best & new OPEN COUNTY RECORD!!** He also gained Bronze 4x100 Medley Relay.

Amanda Booth, COSC's own Head Coach was also selected to attend the event, as an England coach.

## In Dublin:

Connor Bryan (15yrs) was competing at the Irish Long Course National Championships with the Welsh Youth Squad 28<sup>th</sup> April – 1<sup>st</sup> May 2016. He made semis in his 50 & 100brst and won the B-Final for his 200brst (2.25.36)



Connor Bryan – wins 200brst B-Final

## At home, in Portsmouth:

Oxford swimmers competed in the South East Regional Championships 30<sup>th</sup> April – 2<sup>nd</sup> May 2016. They had to do battle with the best swimmers and clubs in the region. The relay swimmers took 4 Golds, 1 Silver, 1 Bronze. Individual medalists took 2 Golds, 7 Silver and 3 Bronze in their respective age groups. Many more swimmers progressed to finals.

## Individual Gold Medalists and South East Regional Champions:

Ewan Springett (16) 100fly (1:00:37)

Dan Jenkins (15) 400free (4:19:18)





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**Dan Jenkins, South East Regional Champion (400free)**

## **Individual Silver:**

Shannon Motha (17) 50back (30:88)

Lewis Gilchrist (16) 100back (1:02:67)

Kate Mills (17) 100fly (1:03:93) & 50fly (28:50)

Max Underwood (15) 200brst (2:36:05)

Ewan Springett (16) 100free (54:33) & 200fly (2:13:85)

## **Individual Bronze:**

Dan Jenkins (15) 200back (2:17:15)

Lewis Gilchrist (16) 200back (2:14:32)

Luke Wilby (16) 50back (29:16)





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## Relay **GOLDS** and South East Regional Champions:

Boys 14-16yrs, 4 X 200 free (8:15:87) & 4 x 100 free (3:44:11) - Dan Jenkins, Ewan Springett, Lewis Gilchrist, Luke Wilby



**South East Regional Champions**

**Ewan Springett, Dan Jenkins, Luke Wilby, Chris Gilchrist take 2 GOLDS in Freestyle relays.**

Not to be out done by the boys, more **GOLDS** from:

Girls 17+ 4 x 100 Medley(4:22:07) – Eleanor McNally, Emily Wood, Kate Mills, Ellie Millington

Girls 17+ 4x 100 free (3:58:28) – Ellie Millington, Eleanor McNally, Kate Mills, Shannon Motha.



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South East Regional Champions

4 x 100free GOLD winners: Kate Mills, Ellie Millington, Shannon Motha, Eleanor McNally.

## Relay Silver:

17yrs+ 4 x 200 free, Emily Nisbet, Eleanor McNally, Kate Mills, Ellie Millington (8:41:58) is also **A NEW COUNTY RECORD!!**

## Relay Bronze:

14-16yrs 4 x 100 Medley relay, Lewis Gilchrist, Joseph Mclean, Ewan Springett, Dan Jenkins (4:10:49)



Ewan Springett, Lewis Gilchrist, Dan Jenkins, Joseph McLean



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