



# DEVELOPMENT MEET 5

**Licensed Level 4 Meet (licence number 4SE170769)**

**By Invitation only**

(Under ASA law and ASA technical rules)

**Sunday 5<sup>th</sup> March 2017, Leys Pool and Leisure Centre,  
Pegasus Road, Blackbird Leys, Oxford, OX4 6JL**

**CLOSING DATE FOR ENTRIES: 10PM, Saturday 11<sup>th</sup> February 2017**

- City of Oxford Swimming Club development meets are held for swimmers who have not achieved entry times to allow them to compete and for swimmers who do not compete regularly.
- Swimmers can enter with or, if they have not competed before, without a time. **If swimmers do not have a time, Clubs can hold internal time trials and submit those times if they wish. It would be preferable to enter a time instead of no time at all, so they can be seeded into the correct heat.** In the event of the meet being over-subscribed the fastest swimmers will be rejected first.
- All times submitted should be achieved in a 25m pool (short course) times. Long course conversions times permitted, using official ASA conversion tables only.
- Age at 5<sup>th</sup> March 2017.

## **Programme of Events, Sunday, 5<sup>th</sup> March, 2017**

| Session 1     | Event |        | Age |      |              |
|---------------|-------|--------|-----|------|--------------|
|               | 1     | Male   | 9+  | 200m | Backstroke   |
|               | 2     | Female | 9+  | 200m | IM           |
| W/U: 4.00pm   | 3     | Male   | 8+  | 100m | Freestyle    |
|               | 4     | Female | 8+  | 100m | Backstroke   |
| Start: 5.00pm | 5     | Male   | 9+  | 200m | Breaststroke |
|               | 6     | Female | 9+  | 200m | Breaststroke |
| Finish: 8pm   | 7     | Male   | 8+  | 50m  | Fly          |
|               | 8     | Female | 8+  | 50m  | Freestyle    |
|               | 9     | Male   | 8+  | 50m  | Freestyle    |

**Swimmers can enter a maximum of 3 events. If swimmers enter 3 events they can only do a maximum of one 200m event. If entering 2 events only, then they can enter two 200m events in that session if they wish.**

## City of Oxford Swimming Club Member Entries

To enter you will need to:

- Check with your coach which events you should enter.
- Log on to COSC Swim Manager <https://cosc.swimmanager.co.uk> go to the *Meets* tab on the left hand side menu, select your child / children allocated to Dev Meet 4 and enter your events.
- Please could everyone adhere to the max of 3 entries rule as highlighted below the programme of events. The Meet entry team will go through all entries prior to accepting to make sure no one has entered more swims than they should. **NO REFUNDS WILL BE GIVEN TO ANY EXTRA SWIMS ENTERED.**
- Entries can remain as a draft entry until you are happy with your selections. Please ensure you submit your entry and make your payment prior to the closing date of the meet. Any entries which remain as draft after this time will be rejected.

## External Clubs

To enter you will need to:

- Collect and collate your clubs entries into a SportsSystems entry file (available for free download from <http://www.sportsys.co.uk/> and select entry manager).
- Complete the Club summary form (at the end of this pack).
- Complete the Meet Officials form (at the end of this pack).
- Transfer payment to Barclays Bank, sort code **20 65 18**, account no. **80847542**, reference your club name and DEV5 and obtain proof of payment.
- Email your Club summary, meet officials form, SportsSys file, and proof of payment to [coscdevmeetentry@gmail.com](mailto:coscdevmeetentry@gmail.com) (if your club do not pay by bank transfer you should email all files as above and then print out a club summary and send with a Cheque to 67 Staunton Road, Headington, OX3 7TL).

## DEVELOPMENT MEET QUALIFYING TIMES

(age at 5<sup>th</sup> March 2017)

Swimmers should not enter any events where they have a faster time than those listed below.

| Boys                   | 8/9/10<br>yr | 11 yr   | 12 yr   | 13 yr   | 14 yr   | 15yr    | 16+yr   |
|------------------------|--------------|---------|---------|---------|---------|---------|---------|
| 50m Freestyle          | 37.4         | 35      | 32.4    | 30.4    | 28.8    | 27.7    | 27      |
| 100m Freestyle         | 01:22.3      | 01:16.7 | 01:11.4 | 01:06.4 | 01:03.4 | 01:00.8 | 00:59.7 |
| 200m Freestyle         | 03:02.0      | 02:49.8 | 02:38.5 | 02:27.3 | 02:20.4 | 02:14.8 | 02:12.7 |
| 400m Freestyle         | 06:32.5      | 06:07.4 | 05:44.6 | 05:25.0 | 05:09.5 | 04:57.9 | 04:50.7 |
| 50m Breaststroke       | 48.5         | 45.1    | 41.1    | 38.6    | 36.4    | 34.8    | 34      |
| 100m Breaststroke      | 01:45.9      | 01:38.3 | 01:30.6 | 01:24.0 | 01:19.4 | 01:16.1 | 01:14.6 |
| 200m Breaststroke      | 03:51.9      | 03:36.1 | 03:20.1 | 03:05.0 | 02:55.4 | 02:49.0 | 02:45.0 |
| 50m Butterfly          | 41.3         | 38.7    | 35.6    | 33.4    | 31.3    | 30.2    | 29.3    |
| 100m Butterfly         | 01:32.7      | 01:25.9 | 01:19.5 | 01:13.4 | 01:09.3 | 01:06.9 | 01:05.2 |
| 200m Butterfly         | 03:26.7      | 03:12.9 | 02:59.0 | 02:45.5 | 02:35.3 | 02:30.1 | 02:25.6 |
| 50m Backstroke         | 42.9         | 40.2    | 36.9    | 34.8    | 32.7    | 31.2    | 30.6    |
| 100m Backstroke        | 01:32.7      | 01:26.4 | 01:20.1 | 01:14.1 | 01:10.1 | 01:07.4 | 01:05.9 |
| 200m Backstroke        | 03:21.5      | 03:08.3 | 02:55.2 | 02:42.3 | 02:33.9 | 02:28.3 | 02:25.7 |
| 200m Individual Medley | 03:25.9      | 03:12.6 | 02:59.9 | 02:46.2 | 02:37.8 | 02:32.1 | 02:29.1 |
| 400m Individual Medley | 06:45.5      | 06:59.0 | 06:32.5 | 06:07.2 | 05:48.3 | 05:35.9 | 05:28.0 |

| Girls                  | 8/9/10<br>yr | 11 yr   | 12 yr   | 13 yr   | 14 yr   | 15 yr   | 16+yr   |
|------------------------|--------------|---------|---------|---------|---------|---------|---------|
| 50m Freestyle          | 38           | 35.8    | 33.6    | 32.4    | 31.3    | 30.6    | 30.4    |
| 100m Freestyle         | 01:23.3      | 01:17.8 | 01:14.1 | 01:10.6 | 01:08.6 | 01:06.7 | 01:06.5 |
| 200m Freestyle         | 03:02.8      | 02:50.6 | 02:42.2 | 02:34.7 | 02:30.0 | 02:26.3 | 02:24.9 |
| 400m Freestyle         | 06:32.1      | 06:06.3 | 05:49.0 | 05:36.9 | 05:26.7 | 05:20.1 | 05:15.7 |
| 50m Breaststroke       | 48.7         | 45.4    | 42.5    | 40.8    | 39.3    | 38.5    | 38      |
| 100m Breaststroke      | 01:46.1      | 01:38.9 | 01:33.1 | 01:27.8 | 01:25.5 | 01:23.8 | 01:22.6 |
| 200m Breaststroke      | 03:51.7      | 03:36.0 | 03:23.6 | 03:13.0 | 03:07.7 | 03:03.8 | 03:02.4 |
| 50m Butterfly          | 41.8         | 39.1    | 36.8    | 35.2    | 34      | 33.2    | 33      |
| 100m Butterfly         | 01:33.1      | 01:26.3 | 01:21.9 | 01:17.5 | 01:15.4 | 01:13.6 | 01:12.8 |
| 200m Butterfly         | 03:29.0      | 03:12.8 | 03:02.3 | 02:52.4 | 02:46.7 | 02:43.1 | 02:41.2 |
| 50m Backstroke         | 43.1         | 40.5    | 38.1    | 36.5    | 35.5    | 34.5    | 34.1    |
| 100m Backstroke        | 01:33.2      | 01:26.6 | 01:22.1 | 01:18.2 | 01:15.6 | 01:13.9 | 01:13.5 |
| 200m Backstroke        | 03:20.8      | 03:08.1 | 02:59.1 | 02:50.4 | 02:44.8 | 02:40.6 | 02:39.1 |
| 200m Individual Medley | 03:26.3      | 03:12.1 | 03:03.5 | 02:54.4 | 02:49.3 | 02:45.4 | 02:43.9 |
| 400m Individual Medley | 06:43.6      | 06:57.9 | 06:36.3 | 06:21.4 | 06:10.6 | 06:01.8 | 05:57.8 |

## Competition Rules & Conditions

### 1. License

- a. The competition will be swum under ASA laws & Technical Rules together with the conditions & rules described herein.
- b. This is an **LICENSED** meet, times achieved may be used for entry into County championships, Level 3 & 4 meets only.

### 2. Invited Clubs

- a. The clubs invited to the meet are : Abingdon, 4 Shires, Didcot, Wantage, Banbury, Witney & Kidlington

### 3. Acceptance of Entries

- a. All entrants must be members of an Affiliated Club as defined by ASA Law. ASA registration numbers must be included on the entry form. COSC takes no responsibility to identify missing ASA registration numbers and reserves the right to reject a swimmer if their ASA registration number is not provided.  
**This can be found by entering family name on the following website**  
<http://www.swimming.org/asa/clubs-and-members/membership-check/>
- b. Entries must be received at the published address by 10.00pm on the closing date. Any entries received after this time/date will be rejected.
- c. The promoter reserves the right to refuse or restrict entries, based on fastest swimmers being rejected first.
- d. Refunds for rejected entries will be returned to the coach on the day of the meet.

### 4. Withdrawals

- a. Refunds for withdrawal from an event, will only be given if a valid medical certificate is produced prior to the closing date.

### 5. Changes to the Program

- a. The promoter reserves the right to change the program of events to facilitate the smooth running of the meet.
- b. All changes will be notified on the City of Oxford Swimming Club website at the same time as accepted entries are published.
- c. Withdrawals from the meet due to changes in the program will be offered a refund of entry monies at the promoter's discretion and their decision is final.
- d. Guidelines for refunds under these circumstances will be notified on the website when the change of program is published.

### 6. Responsibility for Swimmers

- a. Coaches, please note you are responsible for your swimmers at all times.
- b. The promoter or COSC meet staff will not be responsible for swimmers who do not report to marshaling in time to swim their event (as defined under Meet Proceedings)

### 7. Access to Poolside

- a. Access to poolside is restricted to officials, meet admin staff, swimmers and coaches only. Please note parents are not allowed on poolside.
- b. Poolside is defined as all deck space commencing from lane 1 up to and including lane 8, the marshaling area (around the learner / splash pool) and the far side of the pool (referee, starters and system managers areas).

## **8. Warm-Up**

- a. See warm-up information sheet, posted on poolside on the day of the meet, for lane allocation and warm-up times. Coaches are required to ensure that their swimmers adhere to the warm up procedures, as announced, or they may be requested to leave the pool.

## **9. Meet Proceedings**

- a. Heats will be swum with all age groups combined and swimmers seeded by entry times, with the slowest heat swum first. The last heat of HDW events and all finals will be swum in spearhead formation.
- b. Competitors must report to the whipping marshals at least one event before their own event and must remain in the marshaling area until called to compete. The promoter reserves the right to withdraw a swimmer if this is not adhered to.
- c. The competition will be held under the One Start rule and over the top starts will be at the discretion of the Referee.
- d. Any unclaimed awards, at the end of the meet, will be deemed as unwanted by the promoter and no responsibility will be taken by the promoter or COSC to provide unclaimed awards.
- e. Any swimmer who wishes to receive an unclaimed award should contact the internal meet manager (email on website) to request their award. Costs associated with the delivery of the award will be borne by the swimmer and will be paid in advance of the award being supplied.

## **10. Data Protection**

- a. City of Oxford Swimming Club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data handled such as name, age, club, entered and recorded times may be made public during or after the meet.

## **11. Liability**

- a. City of Oxford Swimming Club, Fusion or Leys Pool and Leisure Centre cannot be held responsible for any mistakes, omissions or any act beyond their control or responsibility.

## **12. Promoter**

- a. The promoter of the Oxford Development Meet 5, 2017 is the Fixtures Secretary, City of Oxford Swimming Club Committee.

## General Information

|                                    |   |
|------------------------------------|---|
| <b>Venue</b>                       | Leys Pool and Leisure Centre, Pegasus Road, Blackbird Leys, Oxford, OX4 6JL<br>Pool 25 metres, 8 lanes, Deck level, Anti-wave ropes   |
| <b>Timing</b>                      | Electronic start with manual timing.  |
| <b>Ages as at</b>                  | <b>Sunday 5<sup>th</sup> March 2017</b>   |
| <b>Sessions</b>                    | <b>Coaches are to supervise swimmers during warm ups</b>  |
| <b>Closing date</b>                | <b>SATURDAY 11<sup>th</sup> February 2017. Strictly <u>NO</u> entries will be accepted after 10pm on this date.</b>   |
| <b>Entry Fee</b>                   | £5.50 per event. External clubs must consolidate entries into one cheque payment or one BACS payment transfer. The correct total entry fees must accompany entries or they will be treated as incorrect and rejected. All entries to be returned to the address below;  |
| <b><u>External Entries to:</u></b> | <a href="mailto:coscdevmeetentry@gmail.com">coscdevmeetentry@gmail.com</a> or post to 67 Staunton Road, Headington, Oxford.<br>OX3 7TL  |
| <b>Officials</b>                   | All clubs submitting entries are requested to assist in the running of the meet by supplying details of any Licensed or trainee officials who are willing to assist at this Gala. Please complete the enclosed Meet Officials form  |
| <b>Coaches</b>                     | All coaches and chaperones must hold a relevant CRB / DBS CHECK.  |
| <b>Parking</b>                     | Parking is available on site at the pool.   |
| <b>Swim Shop</b>                   | COSC may operate a swim shop throughout this meet.  |
| <b>Cafè</b>                        | Leys Pool has an onsite Cafè offering hot & cold drinks and snacks / small meals  |
| <b>Photography</b>                 | No photography is permitted, this includes use of mobile phones or other image capture equipment.   |
| <b>Results</b>                     | Results will be posted on the poolside wall during the meet.<br>We will email each club with a full set of results after the meet and they will also be available on the COSC website, all normally within 48 hours.  |
| <b>Registration</b>                | All swimmers must be registered with the Amateur Swimming Association.<br>This is a cardless meet and swimmers do not need to sign in.  |
| <b>Spectators</b>                  | Entry £3.00 for the meet, Programme £2.00.<br>If the programme of events is subjected to change the promoter reserves the right to change spectator entry fees.<br>Spectators with disabilities should inform the promoter prior to the meet. A separate viewing area will be made available if required.   |
| <b>Awards</b>                      | An award will be made to the winner of each heat. Awards can be collected, on production of a winners receipt, from the Award Desk on poolside during the course of the Meet. Any unclaimed awards, at the end of the meet, will be deemed as unwanted by the promoter and no responsibility will be taken by the promoter or COSC to provide unclaimed awards. |



# Club Summary

**CLOSING DATE: SATURDAY 11<sup>th</sup> February 2017**

## EXTERNAL CLUBS

To enter you will need to:

- Collect and collate your clubs entries into a SportsSystems entry file (available for free download from <http://www.sportsys.co.uk/> and select entry manager).
- Complete the Club summary form.
- Complete the Meet Officials form.
- Transfer payment to Barclays Bank, sort code **20 65 18**, account no. **80847542**, reference your club name and DEV5 and obtain proof of payment.
- Email your Club summary; meet officials forms, SportsSys file and proof of payment to [coscdevmeetentry@gmail.com](mailto:coscdevmeetentry@gmail.com) (if your club do not pay by bank transfer you should email all files as above and then print out a club summary and send with a cheque to 67 Staunton Road, Headington, OX3 7TL.)

**Club:** .....

## Entry Fees:

Total Male entries: ..... Entries @ £5.50 per event = £ .....

Total Female entries: ..... Entries @ £5.50 per event = £ .....

**TOTAL FEE ENCLOSED:** £ .....

**Contact Name:** .....

**Address:** .....  
.....

**Telephone:** (daytime) ..... (evenings) .....

**Email address:** .....

**I certify that all information and stated entry times are correct:**

Signed: ..... Position: .....



# Meet Officials

All clubs submitting entries are requested to assist in the running of the meet by supplying details of any Licensed and Trainee Officials who are willing to assist at this Gala

**Club:** .....

Name: ..... Judge Level: .....

Address: .....  
.....

Telephone: ..... Email: .....

Name: ..... Judge Level: .....

Address: .....  
.....

Telephone: ..... Email: .....

Name: ..... Judge Level: .....

Address: .....  
.....

Telephone: ..... Email: .....

Please copy form to send details of additional officials  
or email Karen Underwood at, [swimunderwood@yahoo.co.uk](mailto:swimunderwood@yahoo.co.uk)

Please refer to our website at [www.oxfordswim.com](http://www.oxfordswim.com) for further information