



City of Oxford Swimming Club

Raging Bulls L3

Saturday 20th and 21st May 2023

Under Swim England Laws & Regulations and Swim England Technical Rules of Racing
Licence Number: 3SE230595 Level 3 Meet

City of Oxford Swimming Club

Affiliated to the Swim England South East Region and Oxon & North Bucks Counties ASA.

Location Leys Pools and Leisure Centre, Pegasus Rd, Blackbird Leys, Oxford OX4 6JL

Competitors

Must be members of an SE/WASA/SASA affiliated club, eligible to compete and registered in accordance with said laws and technical rules

Pool 25m long, 8 lanes, anti-wave lane ropes and electronic timing.

Age Age at end of meet

Awards

Age groups will be 9 & 10, 11, 12, 13, 14, 15, 16+

Medals will be given to the first 3 places in each age group

Events & Timings

Session timing will be finalised once all entries have been processed and swimmers/clubs will be notified accordingly

Please note that it is the swimmers` responsibility to present themselves ready to swim, to the Marshalling Area prior to the start of their event.

It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the Swim England Competitive Start Award.

Swim down facilities cannot be provided at this meet.

Swimmers holding a Certificate of Swimming Disability, signed by the Swim England Medical Officer or a Functional Ability Card must submit this to the Referee via the Promoter at the beginning of the session in which they intend to swim.

Entry Times

Entry times must be slower than or equal to the NFT times stipulated per event and age group.

No Time entries will be accepted, but if swimmers / coaches can provide a realistic time for those missing times it will help aid the running of the meet and place a swimmer in their correct heat.

Entries Enter via Sport-sys.

All entries to be sent to the Entry Manager on: internalfixturescsc@gmail.com

If the information required on the entry form is not given fully or is found to be incorrect, irrespective of any previous acceptance of entry, the Promoter may at their discretion reject the entry

All swimmers with disabilities will be accepted and all classes of swimmers will swim together in inclusive events and not separate events.

A secondary strobe is available at this meet. Please notify the entry team at point of entering if it will be required.

Date for Entries

Entries open on 21st February 2023 at 9am

Entries close 12th April 2023 at 5pm we may need to close earlier if the meet becomes full.

Entries after this date will be at the promotor's discretion.

Event Entry Fees £7.50 per event

Manual Entry Surcharge

All manual entries (entries not submitted within a Sports-sys compatible data file), sent by email will incur an additional administration fee of £5.00 per entry. Proof of payment will be required.

Payment

Electronic Bank Transfer: City of Oxford Swimming Club. Sort Code: 20 65 20. Account number: 73187993 Payment Reference:

Club name, COSC L3 May

Clubs are requested to send all entries with one payment, via BACS transfer, to cover all swimmers and coach passes.

Entries will be accepted but not processed until payment is confirmed

Accepted Entries

The meet is first come first served.

It is the responsibility of the club representative to check the entries for any errors in names, ages, time details and to notify the Promoter of any such errors. Failure to do so may result in swimmers being excluded from events and entry fees forfeited.

Rejections

The promoter reserves the right to limit entries to meet gala license timing restrictions and poolside covid regulations at the time.

In the event of oversubscription, the meet may be closed earlier than the closing date

Poolside Passes

One pass required for each Coach/Team Manager on pool side.

Two pass options are available - cost of passes is shown on Summary of Entries sheet.

It is the responsibility of attending clubs to ensure that pool side passes are only issued to people who are members of Swim England and have a valid in date DBS.

Withdrawals

This is a cardless competition and an active withdrawal system will be in operation.

Withdrawals are to be submitted for swimmers who are not intending to swim **NO LATER THAN 15 MINUTES BEFORE THE START OF WARM-UP** for that session.

Withdrawal forms will be provided in advance of the competition.

The inclusion of an incorrectly withdrawn entry will be at the sole discretion of the Promoter, subject to spare lanes being available in the first 2 heats and will be allocated on a first come first served basis.

No refunds will be made for withdrawals other than on medical grounds, a medical note must be provided.

Swimmers' supervision and Health and Safety

All swimmers must ALWAYS be under the direct supervision of the Club Coaches or pool side designated Club Official who are in possession of a pool side pass

This responsibility applies especially to periods of non-competition or between sessions.

It is the responsibility of competitors, Coaches, and clubs to ensure that all swimmers are competent to the standard of the SE Competitive Start Award. Over the top starts will be used wherever possible.

Please note, as this venue is a Leisure Centre the changing facilities may be open to the public during the Meet.

Large swimming bags will not be allowed on poolside, please bring a small poolside bag. Lockers are available to leave belongings. Please bring your own medium sized padlock or these can be purchased from the Leisure Centre at £8.

Swimmers must wear suitable clothing and footwear on poolside and when moving around Leys Leisure pool.

Please note, there are no warm up marshals and the swimmers are the sole responsibility of the coaches during this time.

Officials

Please contact Maco Bryan (COSC) cosc.officials@gmail.com.

<https://swim-meet.com/Availability/?m=1462>

Clubs are requested to supply a qualified Official for every 7 swimmers entering the competition for all sessions. However, the Promoter will not refuse entries from clubs who are unable to supply qualified Officials.

Please provide availability using this link: Maco Bryan, cosc.officials@gmail.com

In the event of an insufficient number of Officials being available for any session, the promoter reserves the right to curtail or otherwise cancel that session.

Meals and refreshments will be provided for those officials doing more than one consecutive session.

Photographs and Filming

Photographs and Filming Taking of photographs and / or filming using mobile phones and tablets are STRICTLY NOT PERMITTED inside the pool changing areas. This policy is actively enforced and all visitors are asked to comply. Filming of swimming is permitted if it is on your swimmer only.

Conduct

The Promoter, referee and Fusion Management reserves the right to remove any person from the pool area whose behaviour is either against the pool rules, Promoter's conditions or the efficient running of the Meet.

Data Protection

By submitting entries, consent is thereby given, as required to the holding of personal information on a computer. Personal Data, including submitted and recorded times, may be made public during the Meet.

General

The electronic timing display results are only provisional and may be overruled by the Referee.

The Learner Pools are strictly out of bounds to all swimmers during the weekend.

Failure to comply with any of the above may result in the Competitor's entry into this Meet being withdrawn without refund.

Any point not covered by these rules will be at the discretion of the Organisers.

There are no catering facilities open on site so please bring appropriate food and beverages for those attending the meet.

Car Parking There are limited spaces available at leys pools and leisure centre There is plenty of parking situated on local roads in the area. Car parking restrictions have been lifted so there is no need to renew your ticket every three hours.

Spectator fee is £6 per session or £10 for the day

Promoter

The Promoter reserves the right to address matters arising on the day where prior approval is not possible, to ensure the smooth running of the meet.

The Promoter reserves the right to nominate a representative who will be present at the meet, known as Meet Manager

Promoter on behalf of City of Oxford Swimming Club: Louise Salmon

Complete the Club summary form which you will find at the end of this pack. Transfer payment to Barclays Bank, sort code **20 65 20**, account no. **73187993**, reference your **club's name, L3 May** and obtain proof of payment.

Email your entry to internalfixturescsc@gmail.com Please include Club summary and SportsSys file

Saturday 20 th May				Sunday 21 st May			
SESSION 1				SESSION 3			
Warm-up		8.30 – 9.20		Warm-up		8.30 – 9.20	
Start		9.30 – TBC		Start		9.30 – TBC	
1	Female	400	Free	15	Male	400	Free
2	Male	50	Fly	16	Female	50	Fly
3	Female	200	Back	17	Male	200	Back
4	Male	200	Breast	18	Female	200	Breast
5	Female	100	Fly	19	Male	100	Fly
6	Male	100	Back	20	Female	100	Back
7	Mixed	400	IM	21	Mixed	200	Fly
SESSION 2				SESSION 4			
Warm-up		TBC		Warm-up		TBC	
Start				Start			
8	Female	200	IM	22	Male	200	IM
9	Male	50	Free	23	Female	50	Free
10	Female	50	Back	24	Male	50	Back
11	Male	100	Breast	25	Female	100	Breast
12	Female	50	Breast	26	Male	50	Breast
13	Male	200	Free	27	Female	200	Free
14	Female	100	Free	28	Male	100	Free

COSC L3 May

Raging Bulls 2023 Not faster than times – 25m Short Course. LC conversions accepted. Age at 21st May 2023

FEMALE							EVENT	MALE						
9 & 10	11	12	13	14	15	16/Ov		9 & 10	11	12	13	14	15	16/Ov
32.00	30.00	28.00	27.50	27.00	26.50	26.50	50m freestyle	31.00	29.00	27.50	26.00	25.50	25.00	24.00
1:08.00	1:04.30	1:01.00	1:00.50	59.50	58.50	57.00	100m Freestyle	1:05.00	1:02.00	59.00	56.00	55.00	54.00	52.50
2:22.00	2:18.00	2:13.00	2:10.00	2:07.00	2:03.50	2:01.50	200m Freestyle	2:20.00	2:15.00	2:09.50	2:05.00	2:01.50	1:58.00	1:54.00
5:09.00	5:00.00	4:40.50	4:33.00	4:27.00	4:20.00	4:15.00	400m Freestyle	5:05.0	4:55.00	4:45.00	4:30.00	4:22.50	4:15.50	4:00.00
41.50	37.00	36.50	35.00	34.00	32.00	30.50	50m Breaststroke	41.50	37.00	36.50	35.00	33.00	32.00	30.00
1:26.0	1:20.00	1:17.0	1:13.0	1:12.5	1:08.10	1:07.10	100m Breaststroke	1:25.00	1:19.00	1:17.00	1:13.50	1:11.00	1:08.00	1:05.00
3:05.50	2:55.00	2:45.00	2:40.0	2:33.00	2:28.00	2:26.00	200m Breaststroke	3:05.00	2:52.50	2:45.00	2:39.00	2:30.00	2:25.50	2:22.00
33.50	32.50	31.0	30.50	29.50	28.00	27.00	50m Butterfly	33.00	31.50	30.00	29.50	28.00	26.50	25.50
1:13.00	1:10.00	1:07.00	1:04.00	1:02.00	59.50	58.50	100m Butterfly	1:09.50	1:05.50	1:03.50	1:01.00	59.50	57.50	56.00
2:55.00	2:42.00	2:32.0	2:25.00	2:20.00	2:13.50	2:11.50	200m Butterfly	2:50.00	2:35.00	2:25.00	2:20.50	2:16.50	2:12.50	2:08.50
36.0	33.50	31.50	31.00	30.00	29.00	28.50	50m Backstroke	35.50	33.50	31.50	30.00	29.00	27.50	26.50
1:15.00	1:12.00	1:10.00	1:07.00	1:04.00	1:01.00	1:00.00	100m Backstroke	1:07.50	1:05.00	1:04.00	1:02.50	1:00.00	59.50	57.50
2:40.00	2:34.00	2:29.00	2:24.00	2:20.00	2:12.00	2:10.00	200m Backstroke	2:35.50	2:27.00	2:22.50	2:19.00	2:14.50	2:11.00	2:07.50
2:39.00	2:33.00	2:29.00	2:23.50	2:19.00	2:15.00	2:13.00	200m IM	2:35.00	2:25.50	2:22.50	2:17.50	2:13.00	2:09.50	2:05.00
5:30.00	5:25.50	5:15.00	5:09.00	5:00.00	4:50.50	4:40.00	400m IM	5:20.00	5:10.00	5:00.05	4:52.00	4:47.00	4:40.00	4:30.00



Club Summary

EXTERNAL CLUBS

To enter you will need to:

- Collect and collate your club entries into a SportsSystems entry file (available for free download from <http://www.sportsys.co.uk/> and select entry manager).
- Complete the Club summary form.

Club:

Entry Fees:

Total number of swimmers

Total Male entries.....

Entries @ £7.50 per event £

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Total Female entries.....

Entries @ £7.50 per event £

TOTAL ENTRY FEE:

£

COACH, TEAM MANAGER & CHAPERONE PASSES Please supply Names & DBS numbers on entry form or before the start of the meet

All sessions Poolside Pass £25

Saturday ONLY £15

Sunday ONLY £15

passes will include light food

Club:

Coach passes (Names and DBS)

Please State if ALL session or single day only

Team manager/Chaperone passes..... (Names and DBS)

Please State if ALL session or single day only

Total number of passes.....

TOTAL PASS FEE:

£

CONTACT INFORMATION; NAME

POSITION

ADDRESS

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Email electronic entries; internalfixturescsc@gmail.com

- Transfer payment to Barclays Bank, sort code **20 65 20**, account no. **73187993**, reference your **club's name, L3 May** and obtain proof of payment.