City of Oxford Swimming Club



Code of Conduct for Athletes 18 and over

This code is something that you as an athlete should refer to in relation to your rights, the respect you should expect but also that you demonstrate to other members, what is expected of you in terms of listening and being listened to and your behaviour as a member of the club.

As a member of our club, you have the right to:

- Enjoy the time spent swimming and feel safe.
- Know how to raise concerns.
- Be listened to.
- Be involved and contribute towards decisions within your club or activity.
- Be respected and be treated fairly by every member of the club.
- Feel welcomed, valued and not judged based on my race, gender, sexuality, faith, ability or need of extra support, cultural background, origins or any relevant characteristic.
- Be encouraged and develop my swimming, para-swimming and open water swimming skills with our help and support.
- Be looked after if there is an accident or injury and have your emergency contact / next of kin informed, where appropriate.

As a member of our club, we expect you to:

- Treat all members of, and persons associated with the Swim England and the City of Oxford Swimming Club with dignity and respect.
- Adhere to poolside safety regulations at all times.
- Attend sessions allocated at the specific time and venue, and comply with the instructions given by a member of the coaching or teaching staff as appropriate.
- Think carefully before posting comments or photographs on social networking sites or in text
 messages, as any abusive comments or photographs used may be used as evidence in
 enquiries related to swimming incidents.
- Not engage in any actions or behaviour that could endanger the safety of yourself, other swimmers, club members, or cause such actions that affect the training schedule of the other swimmers.
- Adhere to the local safety rules and regulations, and to the guidelines laid out by the Lead Coach or Camp Leader, if attending camps, meets or staying away from home.
- Be aware that regulations applicable to the confines of the club will also apply whilst under the control of the club, during away galas, fixtures and training camps.
- Not to swim or train whilst under the influence of alcohol or drugs during any sessions, competitions and camps.

We expect certain standards of behaviour from our members. By becoming a member of the club, and therefore agreeing to this code of conduct, you agree to:



- Follow the rules of the club, squad, or activity at all times.
- Respect and celebrate differences in our club and never discriminate against another on the grounds of age, sexual orientation, gender, faith, race, cultural background, origins, ability or need of extra support.
- Understand that using abusive or inappropriate language, bullying or physical and emotional violence will not be tolerated by the club.
- Respect the privacy of others, especially in the changing rooms.
- No use of any mobile device, at any time, in the changing rooms.
- Report any concern you have about someone taking photographs or footage of others in the changing areas.
- Understand that if a club member's misbehaviour or misconduct is found unacceptable to the coaching, teaching or poolside staff, they will be subject to the COSC Disciplinary Procedures as detailed on the Club's website.
- Understand that breaching the code of conduct may result in you being required to vacate the training camp/ event/ session.
- Understand that any actions or misbehaviour observed by, or reported to, the coaching staff
 whilst under their control, or within the confines of the club are to be investigated by the
 coaching staff.
- Report any incidents of abuse, bullying or other unacceptable behaviour to the Welfare Officers, even if you are just a witness.

Club members are reminded that as members of Swim England they are subject to the competition and judicial laws of Swim England. As a Swim England affiliated organisation, all members are expected to adhere to the code of conduct for training, competition and general behaviour according to Wavepower, Swim England safeguarding publication.

Breaches of this Code of Conduct will result in disciplinary action being taken against you by the club committee and any behaviour which may be a criminal offence will be reported to the Police and any other relevant authority by the club.

I understand that breaching the code of conduct may result in me being required to vacate the training camp/ event/ session.

I have read and agreed to abide by both the COSC code of conduct for Athletes 18 and over and Wavepower.

If you have any safeguarding concerns please tell the welfare team.

COSC Welfare officers are always happy to listen and to help. Please email them or talk to them at training sessions. The team are:

Su coscwelfareofficer@gmail.com

Roosa welfareofficercosc@gmail.com

Romina coscwelfare@gmail.com

